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REHABILITATION

The Power of Physical Therapy™

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NovaCare Rehabilitation & Lakehurst Youth and Recreation Committee Presents:

Borough of
Lakehurst
New Jersey



Sports Injury Prevention Educational Series

Lakehurst Community Center

207 Center St, Lakehurst, NJ 08733

732-657-4141

Friday, March 15, 6:00 pm

(There is no cost for this program. All are welcome to attend.)

Door Prizes and Refreshments Provided

Clinical Specialists will be speaking to the following topics:

- Concussion



- The Athlete's Elbow and Wrist
- ACL Injury Prevention



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